

## 2022 戒菸專線國際視訊研討會

### 2022 Quitline in Smoking Cessation for Youth Online International Conference

#### 大綱：

青少年吸菸的問題，主要是因為愈早開始吸菸，日後對於尼古丁的依賴也愈大，而且，這些年輕族群的戒菸成功率卻較低，最終導致罹患與吸菸相關之疾病而增加死亡的機率。因此各國對於青少年戒菸之介入方式及需求與日遽增，包括社會支持、公共衛生教育以及建立戒菸專線等。為充分利用戒菸專線以協助青少年戒菸，特於本(111)年 10 月 20 日辦理「2022 戒菸專線國際視訊研討會」，邀請來自瑞士、泰國、香港及台灣的專家，分享最佳實例經驗，期提高戒菸專線對年輕吸菸者的成效和影響力。

**主辦單位：**台灣衛生福利部國民健康署（HPA）

**承辦單位：**彰化基督教醫療財團法人彰化基督教醫院

**日期：**2022 年 10 月 20 日

**時間：**14:30-17:35（台北時間）、13:30-16:35（曼谷時間）和 8:30-11:35（瑞士時間）

**會議連接：**Webex 軟體 <https://reurl.cc/6Zb66y>（會議室將於台北時間 13:30 開啟）

\* 備有英翻中口譯

#### **Outline:**

The problem of youth smoking is mainly because the sooner you start smoking, the greater the dependence on nicotine in the future, and the success rate of smoking cessation in these young groups is lower than adult, which eventually leads to an increase in smoking-related diseases. The demand for effective cessation interventions for youth tobacco use is growing, including social support, public health education, and establishing a quitline. At the 2022 Quitline in Smoking Cessation for Youth Online International Conference, renowned experts in smoking cessation for youth are invited to share experiences and best practices of tobacco prevention and control among adolescents, and Quitline in smoking cessation and the effectiveness for youth in Switzerland, Thailand, Hong Kong, and Taiwan. It is hoped through the sharing and discussion with international speakers, the efficiency and impact of Quitline for young smokers can be strengthened.

#### **Organizer:**

- Health Promotion Administration (HPA) of Ministry of Health and Welfare, Taiwan
- Changhua Christian Medical Foundation Changhua Christian Hospital, Taiwan

#### **Date:**

- October 20<sup>th</sup> 2022

#### **Time:**

14:30-17:35 (TPE time) , 13:30-16:35(BKK time) and 8:30-11:35 (SWZ time)

#### **Online link:**

- Webex link: <https://reurl.cc/6Zb66y>

(The meeting room will open at 13:30 TPE time)

## Agenda 議程

| Time 時間<br>(TPE time)   | Topic 主題                                                                                                                                                                                                                                             | Speaker 講座                                                                                                                                                                                                                                                    |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 14:00-14:30             | Registration 報到                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                               |
| 14:30--14:40<br>(10min) | Opening Remarks 開幕致詞                                                                                                                                                                                                                                 | 1. Dr. Chao-Chun Wu<br>Director-General, Health Promotion Administration,<br>Ministry of Health and Welfare, Taiwan<br>衛生福利部國民健康署 吳昭軍署長<br>2. Dr. Mu-Kuan Chen<br>Superintendent, Changhua Christian Hospital<br>彰化基督教醫院 陳穆寬院長                                |
| 14:40-15:10<br>(30min)  | What is special about nicotine addiction in adolescence?<br>How can we use the knowledge for effectiveness in Quitline smoking cessation for youth? Best practice examples from theory and practice<br>青春期尼古丁成癮有何特殊性？如何應用知識於青少年戒菸專線之有效性-理論和實踐的最佳實例分享 | 1. Ms. Susann Koalick<br>Chair of Global Network for Tobacco Free Healthcare Services (GNTH)<br>全球無菸醫院網絡主席<br>2. Dr. Oliver Bilke-Hentsch<br>Chief Doctor of Child and Adolescent Psychiatry<br>KJPD Luzern, Switzerland<br>瑞士 Luzerner 精神專科醫院(兒童及青少年醫學部)主任醫師 |
| 15:10-15:40<br>(30min)  | The role and effectiveness of Quitline in smoking cessation for youth: Experience sharing from Thailand National Quitline<br>戒菸專線在青少年戒菸所扮演的角色與成效-泰國國家戒菸專線經驗分享                                                                                        | Dr. Jintana Yunibhand<br>Director of Thailand National Quitline<br>泰國國家戒菸專線主任                                                                                                                                                                                 |
| 15:40-16:10<br>(30min)  | A proactive cessation service model integrating research and policy advocacy: HKU Youth Quitline.<br>結合研究和政策倡導的主動戒菸服務模式：香港大學青少年戒菸專線                                                                                                                  | Dr. Kelvin Man-ping Wang<br>Director of HKU Youth Quitline<br>香港大學青少年戒菸專線主任                                                                                                                                                                                   |
| 16:10-16:40<br>(30min)  | Experience sharing for the role and effectiveness of Quitline in smoking cessation for youth in Taiwan<br>台灣戒菸專線服務在青少年戒菸諮詢成效之經驗分享                                                                                                                    | Dr. Nan-ying Chiu<br>(1) Director of Taiwan National Quitline<br>(2) Director of Psychiatry, Changhua Christian Hospital<br>(1) 台灣戒菸專線服務中心主任 邱南英<br>(2) 彰化基督教醫院精神醫學部主任                                                                                        |
| 16:40-17:00<br>(20min)  | Discussion 討論                                                                                                                                                                                                                                        | Moderator: Dr. Nina Kao<br>CEO of Overseas Medical Mission Center, Changhua Christian Hospital<br>彰化基督教醫院海外醫療中心執行長 高小玲<br>Discussant: Dr. Jintana Yunibhand, Dr. Kelvin Man-ping Wang, Dr. Nan-ying Chiu, Ms. Susann Koalick, Dr. Oliver Bilke-Hentsch        |
| 17:00-17:05<br>(5min)   | Closing Remarks 閉幕致詞                                                                                                                                                                                                                                 | 1. Dr. Chao-Chun Wu<br>Director-General, Health Promotion Administration,<br>Ministry of Health and Welfare, Taiwan<br>衛生福利部國民健康署 吳昭軍署長                                                                                                                       |

